Council on Aging Board Meeting Minutes

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Ludlow Senior Center
228 State Street, Ludlow MA
August 19, 2026

Present: J. Zepke, D. Peacey, B. Mishol, K. Martin, R. Forti, P. Tierney, D. Potter, F. Barroso
Excused: B. Radowski, K. Ribeiro; J. DaCruz
Absent: H. Grabowski

Call to Order and Roll Call

The meeting was called to order at 4:30 p.m. by Chairperson D. Peacey. New Board member Philip Tierney was introduced and welcomed.

Secretary's Report

The minutes of the July 15, 2026 meeting were reviewed and approved. Motion/second: F. Barroso/D. Potter.

Treasurer's Report

FY26 Budget Year-End Status

Due to open positions, $52,617.50 remained in the Salaries account. J. Zepke noted that her salary is still not listed correctly. The food budget was fully spent, and $11,000 in general expenses was returned.

FY27 Budget Status

General expenses were level funded, and salaries were budgeted to include a 2% increase. The union is requesting 3%, so the budget may need to be adjusted. The Formula Grant remains the same as last year at $16 per senior.

Director's Report

Programs and Events

J. Zepke is working on the September newsletter. Two flu shot clinics are scheduled, and the third annual Senior Strong Celebration health fair will be held on September 25. D.

Peacey noted that volunteers have historically handled paperwork during the clinics. She has not heard from the town this year and suggested that J. Zepke confirm who will manage the process, as it should not be assumed that Center staff will handle this time-consuming work.

Program Attendance and Registration

The new Flex and Core class on Monday afternoons is doing well, and yoga classes are full. No-shows for Boomer Bootcamp continue to be a problem despite repeated attempts to address the issue. Lunch & Learn phone call reminders are working well.

MCOA Conference: The MCOA conference is scheduled for October. Board members were asked to contact J. Zepke if they wish to attend.

Chairman's Report

The Board meeting agenda template was discussed again, and D. Peacey requested suggestions. K. Green's program participation information is provided quarterly. K. Martin suggested including a review of the Strategic Plan. D. Peacey will review past minutes to determine when the next Strategic Plan review should be scheduled.

Adjournment

The meeting adjourned at 5:20 p.m.

Next Meeting

September 15, 2026, at 4:30 p.m.

Respectfully Submitted,

K. Martin, Secretary